

Tuscarawas County YMCA 600 Monroe Street, Dover 330-364-5511 www.tuscymca.org

# YHEALTH & WELL-BEING™

We build strong kids, strong families, strong communities.

**Zumba** Zumba Card \$14/\$42 per class \$2/\$6  
 MON 5:30 PM FRI 9:15 AM  
 WED 10:15 AM SAT 8:00 AM  
 WED 5:30 PM SUN 4:00 PM  
 THU 6:30 PM

**Cycling** \$34/\$69 or \$3/\$7 per class  
 M&W 6:00 AM T&TH 9:00 AM  
 M&W 7:00 PM T&TH 7:00 PM  
 T&TH 6:00 AM  
 SUN 2:00 PM \$17/\$35 \$2/\$6

**Other Cycling Opportunities**  
 Members FREE / Others \$7 per class  
 FRI 6:00 AM SAT 8:00 AM

**Fitness Yoga**  
 FRI 9:30 AM \$21/\$51 or \$4/\$9 per class

**Gentle Yoga**  
 T&TH 10:30 AM \$33/\$73 or \$3/\$7 per class  
 WED 6:30 PM

**Pilates/Yoga Mix**  
 TUE 7:30 PM \$21/\$51 or \$4/\$9 per class

**Circuit** Members FREE/\$6 per class  
 T&TH 5:30 PM Cardio & weights

**Step** Members FREE/\$6 per class  
 M&W 9:15 AM

**Turbo Kick**  
 MWF 5:45 AM Members FREE/\$6 per class  
 M&W 6:30 PM Members FREE/\$6 per class  
 THU 9:15 AM Members FREE/\$6 per class

**Low Impact Turbo Kick**  
 MON 4:30 PM Members FREE/\$6 per class

**Boot Camp**  
 TUE 9:15 AM Members FREE/\$6 per class

**\*\*New Combo Class**  
**Turbo Kick/Boot Camp**  
 T&TH 7:15 PM Members FREE/\$6 per class

**Total Body Conditioning**  
 Variety of resistance exercises. Targets core, upper & lower body.  
 TUE 6:30 PM Members FREE/\$6 per class  
 M&F 7:00 AM Members FREE/\$6 per class

**YMCA Taster Class**  
 Instructors pick your workout.  
 Most Saturdays 9:00 AM  
 Schedule posted in Aerobics Room  
 Members Free/Others \$6

**Joe Dragovich Memorial 5k Run/Toddler Trot**

June 4 Events start at 6:00 PM  
 5k begins at 7:00 PM  
 Registration forms available in lobby or at tuscymca.org.  
 Deadline to register is 6:00 PM on June 4  
 Fees are \$20 per person in advance and \$25 day of the race.  
 Toddler Trot is FREE. Great evening race!

**Future Fitness Club**

A community-based group weight management program for children and teens, 8-13 years old, designed to encourage gradual weight loss while helping participants develop the knowledge and habits needed to maintain good health.  
**Monday/Wednesdays 4:15-5:15 and a swim day at their convenience**  
**Feb 22 - April 12 Cost \$30**  
 (The registration form must be completed by doctor by February 22<sup>nd</sup>)

**Fitness Frenzy**

Join us for a 2 hour workout combining your favorite cardio and toning classes.  
**Feb 27 9-11:30 AM**  
**Member \$5/Other \$10**

**Y SENIOR MEMBERS**

**Get Moving II**

M&W 11:00 AM Free / \$26  
 This land exercise program teaches adults with all forms of Arthritis how to maintain range of motion, keep pain to a minimum and prevent stiffness and weakness in the joints. Without exercise will you lose muscle strength and arthritis will progress faster.

**Badminton**

Tuesday and Thursday 10:00 AM  
 Anyone interested in playing please sign up at Member Service Center.

**Senior Health and Fitness Day**

Expo and Activities  
 Wednesday, May 26  
 8:00 AM to 2:00 PM

**Personal Training and Performance Coaching**

Your trainer will design a program that focuses on your goals.  
**Trainer bios at www.tuscymca.org**  
 Our latest addition to Personal Training includes Performance Coaching. Specialized programs for yoga, Turbo Kick, Pilates or coaching techniques for swimming, running, or cycling.  
**Sessions run one hour.**  
**One (1) session/one (1) client \$25 for members**  
**One (1) session/two (2) clients \$15 each for members**  
**One (1) session/three (3) clients \$12 each for members**  
**One (1) session/ four (4) clients \$10 each for members**  
 No multiple session discounts for multiple clients.  
**Six (6) sessions \$140 members/ \$290 others**



**Technogym® Fitness System**

A State-of-the-Art computerized fitness program. Our trainers design a special exercise program just for you and the SMART KEY records your progress. Programs designed to meet your fitness goals. Great for all levels.  
**Members Only \$37 (1x Fee)**

**Finger Printing Background Checks**  
 Many organizations including the "Y" now require background checks for volunteerism or employment. The YMCA offers background checks through the BCI and FBI  
 Call 330-364-5511 to schedule an appointment.  
**Cost \$35 per background check**  
 Please let us know if you are from a United Way Agency.

**Fitness Schedules on-line at www.tuscymca.org**

**Feb 22-April 18 (7 Week Session)**

No classes Spring Break  
 Member Registration begins

Saturday, Feb 6  
 Open Registration begins Saturday, Feb 13  
 Phone Registration is available on the 1st Wednesday of your registration week

**Building Hours**

Mon - Fri 5:30 AM to 10:00 PM  
 Saturday 5:30 AM to 6:00 PM  
 Sunday 1:00 PM to 6:00 PM

**Childwatch Hours**

Monday - Friday 9:00 AM - Noon  
 Monday - Friday 4:00 PM - 8:00 PM  
 Saturday 9:30 AM - 11:30 AM

**Member \$12 for 10 Visits**  
**Other \$25 for 10 Visits**

Purchase card at Member Service Center

**Adventure Center**

YMCA Members  
 1st grade through age 10  
 Members may use this room during regular building hours by checking in at the Member Service Center for key. Parents must supervise children.  
**Supervised Hours**  
**MON-THU 5-7 PM**

**MEMBERSHIP OPTIONS**

Monthly bank or credit draft is available. You may choose your automatic deduction from your account on the 3rd or 15th of the month. Draft memberships are perpetual, non-refundable and non-transferable. For complete membership information stop by the Member Service Center.

**FINANCIAL ASSISTANCE**

The Tuscarawas County YMCA is committed to providing membership services and programs to everyone. For membership or program assistance, please contact the Member Service Center and request a Financial Assistance Application. All applications are confidential.

**CANCELLATIONS**

You may withdraw from a program or class before the first week. A computerized voucher will be issued. A \$5 cancellation fee will be issued if check refund is requested. There are no refunds or credits after the second class unless accompanied by a doctor's excuse.

**TRANSFERS**

Transfers are possible if space is available. \$2.00 transfer fee will be charged. No transfers are permitted after second class.

**YMCA MISSION STATEMENT:** The Tuscarawas County YMCA is committed to enriching the lives of everyone in our community by the development of healthy spirit, mind and body through membership services and programs based on Christian principles and values of caring, honesty, respect and responsibility.

# YAQUATICS™

## Spring Break Swim Lessons 1 Week / Mar 29–Apr 2 / Grades K-5 Monday-Friday 11:00 AM or 6:00 PM Member \$5/Other \$10

Designed to teach basic swim and survival skills for summer swim activities, and provide helpful feedback to parents on how to prepared their child for a safe summer of swimming.

Instructed by Certified Lifeguard  
Space is limited, so register early!

Check out our Open Swim & Gym Times at [www.tuscymca.org](http://www.tuscymca.org)

**Aqua Aerobics** 45 MIN  
**Low Intensity** \$14/\$37  
M&W 9:00 AM  
**Shallow/Deep Combo** \$14/\$37  
T&TH 9:00 AM  
M&TH 7:00 PM

**Aqua Grooves**  
*For those with mobility challenges*  
MWF 9:45 AM **FREE/\$38**

**Hydro-Fit** *Deep Water Toning*  
MWF 10:30 AM **\$15/\$44**

**Joy Of Living** 45 MIN  
*Low impact with range of motion and flexibility*  
T&TH 1:45 PM **Free/\$38**

**Twinges** *Small Pool* **Free/\$57**  
*For those with mobility challenges*  
MON 8:30 AM 9:15 AM  
10:00 AM 10:45 AM  
11:30 AM  
TUE 9:00 AM 2:00 PM  
WED 8:30 AM 9:15 AM  
10:00 AM 10:45 AM  
11:30 AM  
THU 9:00 AM 2:00 PM  
FRI 8:30 AM 9:15 AM  
SAT 9:00 AM

**Home School Swim**  
Kids 6 yrs old and Up  
THU 1:00 PM **\$14/\$40**

## SWIM LESSONS

**PRESCHOOL**  
**Parent/Child** \$17/\$44  
*6 Months-2 Years Water acclimation*  
MON 4:45 PM THU 9:45 AM  
TUE 9:45 AM SAT 9:45 AM  
THU 4:45 PM

**Pike with Parent**  
*2-4 year olds* \$17/\$44  
MON 6:15 PM FRI 11:30 AM  
TUE 11:20 AM SAT 11:20 AM  
THU 6:15 PM

**Pike** *Age 3- K Beginner* \$17/\$44  
MON 1:00 PM THU 10:25 AM  
MON 5:25 PM THU 11:20 AM  
TUE 10:25 AM THU 5:25 PM  
TUE 4:30 PM FRI 10:00 AM  
TUE 5:25 PM FRI 10:45 AM  
TUE 6:15 PM SAT 10:25 AM  
WED 1:00 PM

**Eel** *Age 3- K Adv. Beg.* \$17/\$44  
MON 1:00 PM THU 6:10 PM  
TUE 6:10 PM SAT 9:50 AM  
WED 1:00 PM

**Rays** *Age 3-K Intermed.* \$17/\$44  
TUE 6:10 PM SAT 9:50 AM  
WED 1:45 PM

**Starfish** *Age 3-K Adv.* \$17/\$44  
TUE 6:10 PM

**PROGRESSIVE**  
**Polliwog** *Age 6-12* \$16/\$42  
*School Age Beginning*  
MON 6:10 PM SAT 9:00 AM  
TUE 7:00 PM SAT 11:30 AM  
THU 6:10 PM

**Guppy** *Age 6-12* \$16/\$42  
*School Age Advanced Beginner*  
MON 6:10 PM THU 7:00 PM  
TUE 7:00 PM SAT 9:00 AM

**Minnow** *Age 6-12*  
*School Age Intermediate* \$16/\$42  
TUE 7:00 PM SAT 10:40 AM  
THU 7:00 PM

**Fish** *Age 6-12 Advanced* \$16/\$42  
MON 7:00 PM SAT 10:40 AM

**Flying Fish** *Age 6-12* \$16/\$42  
MON 7:00 PM SAT 11:30 AM

**Shark** *Age 6-12* \$16/\$42  
MON 7:00 PM SAT 11:30 AM

**Teen and Adult Beginner** \$16/\$42  
Teen Beginner *Ages 13-17* SAT 9:00 AM  
Adult Beginner *Ages 18 and Older* SUN 4:00 PM

# YGYMNASTICS™

## Private Lessons

Call 330-364-5511  
Member \$15/Other \$30

## Twisters Pre-Team

M&W 5:00-6:30 PM  
Members Only \$50

**PRESCHOOL PROGRAMS**  
**Pajama Gym** 60 Min  
Ages 2-4 Adult Participant \$30/\$60  
MON 5:00 PM MON 6:00 PM

**Kindergym** 45 MIN  
Ages 2-3 Adult Participant \$28/\$56  
MON 10:15 AM WED 10:15 AM

**Tiny Tots** 40 MIN \$25/\$50  
Ages 3 Only  
MON 11:45 AM FRI 10:45 AM  
WED 1:00 PM

**Young Beginner** 45 Min \$28/\$56  
*Ages 4-5 No Experience Needed*  
TUE 9:15 AM WED 5:30 PM  
TUE 5:15 PM THU 6:00 PM  
WED 11:00 AM FRI 10:00 AM

**Kindergarten Gymnastics** 60 Min \$30/\$60  
*Age 5-6*  
TUE 6:00 PM THU 7:00 PM  
WED 12:00 PM SAT 11:00 AM  
WED 6:30 PM

**PROGRESSIVE PROGRAMS**  
**Rollers** Level 1 *Beginner - K& Up*  
**Swingers** Level 2  
*Adv. Beginner K & Up*  
**\$35/\$70**

*Students warm up then rotate to floor, bars, beam & vault.*  
TUE 5:00 PM THU 5:00 PM  
TUE 6:00 PM THU 6:00 PM  
TUE 7:00 PM THU 7:00 PM

**Kippers** Level 3  
*Intermediate 1st Grade & Up*  
**Flyers** Level 4 & Up  
*Advanced 1st Grade & Up*  
*Adv. Beginner K & Up*  
**\$35/\$70**

*Students warm up then rotate to floor, bars, beam & vault.*  
TUE 5:00 PM THU 5:00 PM  
TUE 6:00 PM THU 6:00 PM  
TUE 7:00 PM

**Preschool** 45 Min  
**Cheerleading** \$28/\$56  
Ages 3-5. Basic jumps, chants, cheers, arm positions, dance.  
SAT 10:00 AM

**Boys Tumbling** 45 Min \$28/\$56  
*Ages 3-5. Class designed especially for active boys. Teaches basic body positions, gymnastics skills and coordination.*  
MON 2:00 PM

**Beginner Tumbling**  
**Grades 1-5** 45 Min \$28/\$56  
TUE 4:15 PM THU 7:00 PM  
THU 6:00 PM SAT 11:00 AM  
**Middle School** 60 Min \$35/\$70  
MON 8:00 PM

**Adv. Tumbling**  
*Prerequisite: Standing Back Hand-spring with no spot.*  
**Grades 1-5** 45 Min \$28/\$56  
THU 4:15 PM  
**Grades 6-12** 60 Min \$35/\$70  
WED 8:00 PM

**Tusc YMCA Jumpers**  
Jump Rope/ Tumbling Team  
Members \$35/Others \$70  
Training for performing at future events.  
Tuesday 4:00 PM - 5:00 PM



**Back Handspring**  
Basic drills and stations to improve form and techniques.  
*Prerequisite for advanced tumbling.*  
Grade 6 to 12  
TUE 7:00 PM 60 Min \$35/\$70

**Cheer Class**  
Learn proper positioning, jumps, and basic tumbling.  
Grade 1 to 3  
TUE 5:00 PM 60 Min \$35/\$70  
Grade 4 to 6  
TUE 6:00 PM 60 Min \$35/\$70

**Open Gym** \$4/\$8 per visit  
Grade 1-5 SUN 2-3:00 PM  
Grade 6-12  
SUN 1-2:00 PM TUE 8-9:00 PM  
THU 8-9:00 PM

## YMCA Trainings & Certifications

### LIFEGUARD TRAINING

For those 16 years of age and older. 100% attendance is required for both classroom and water work. Participants must have current certifications in CPR for the Professional Rescuer, First Aid and Oxygen Administration to be considered for certification and must also be able to swim 500 yards continuously and tread water for 2 to 5 minutes.

**Monday and Wednesday  
5:00 PM-9:00 PM**

**Begins Mar 1 /Concludes Apr 14  
Member \$100 / Other \$125**

**Recertification Price: 50% off See  
Page 3 for CPR, O2 and First Aid  
Certifications**

### CPR for the Professional Rescuer

Includes Training in Pediatric and Adult CPR, Rescue Breathing and AED use. Certification is valid for 2 years and taught through American Safety and Health Institute. Space Limited.

**Mon, Feb 22 5:00 PM-9:00 PM  
Class time: 5-9:00 PM \$15/\$26**

### Oxygen Administration

**Wed, Feb 24 8:00 PM - 9:00 PM  
\$15/\$26**

### Basic First Aid

American Safety and Health Institute Certification.

**Wed, Feb 24 5:00 PM - 8:00 PM  
\$15/\$26**



**JOIN THE  
CLUB!**

## ADVENTURE GUIDES

Spend quality time with your child that fits into your busy schedule and creates a lifetime of memories. Open to boys and girls ages 5 & up with a parent or other adult. Bonding activities include campouts, Pinewood Derby Races, movie nights, bowling, & family skate night.

To get involved contact  
330-364-5511

# YSPORTS™

*Youth Sports Schedules  
can be found at [www.tuscymca.org](http://www.tuscymca.org)*

### Judo Beginner

*Age 6 & up. Adults participating will need to talk with the instructor before registering. Learn basic techniques.*  
T&TH 5:15 PM **\$40/\$81**

### Judo Junior Team

Ages 6-12 completed beginner  
T&TH 6:00 PM

**Members only \$43**

### Judo Senior Team

Ages 13 and over  
T&TH 7:00 PM

**Members only \$43**

### Middle School Volleyball Clinic

This clinic will concentrate on teaching the fundamentals of volleyball. The league is open to girls currently in the 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grades. Tuesday Night League  
**Member Registration begins Feb 1  
Open Registration begins Feb 8  
Play begins March 30  
Early Bird Registration \$16/\$43  
After Feb 23 Add \$2.00**

### Ruff & Tuff

Boys ages 2-3 / Participation Limit 10  
Basketball, soccer and other ball games, relays. Parent participation  
**TUE 11:00-11:30 AM \$7/\$15**

### Sports for Sprouts

*Boys and girls ages 3 - 6.  
Play a different sport each week in a relaxed atmosphere.*  
**WED 2:00 PM \$14/\$36**

### Bitty Basketball

Member Registration begins Feb 6  
Open Registration begins Feb 13  
**Member \$16/Other \$41  
After Feb 16 Add \$2.00**

### Mighty Mites

Ages 3&4 **Tuesdays  
Feb 16-March 23**

### Pee Wee

Ages 5-K **Thursdays  
Feb 18- March 25**

### Indoor Soccer

Play Saturdays  
Shin guards required.  
Member Registration begins Feb 1  
Open Registration begins Feb 8  
**Early Bird Registration \$14/\$41  
After Feb 23 Add \$2.00**  
Age Groups (Open to all players 3-7 years old)  
Mighty Mite (3 & 4 yr old) \$14/\$40  
Clinic March 6 9:00 AM  
Pee Wee (5,6,7 yr old) \$14/\$40  
Clinic March 6 9:00 AM

### Futsal (Soccer)

Member Registration begins Feb 1  
Open Registration begins Feb 8  
**Clinic Day March 6  
League begins Mar 13  
Tournament on April 17 & April 18  
Game Day: Saturdays  
\$14/\$41**  
*Volunteer Coaches are needed: BSA Staff trainers will work closely with the volunteer coaches to help you organize practices, coach games and understand futsal. To volunteer please contact bblake@blakesoccer.com*

#### League Format

Competitive format, weekly standings  
League Tournament seeding based on league record.  
5 v 5 goal keeper 48 minute match play  
Players register individually, but request will be taken to play with friends of teammates

#### Age Groups

 (Open to all players 8 years & older)

**U9/U10** (8,9,10 yrs old) \$14/\$41  
Clinic March 6 10:00 AM  
**U11/U12** (11,12 yrs old) \$14/\$41  
Clinic March 6 11:00 AM  
**U13/U14** (13,14 yrs old) \$14/\$41  
Clinic March 6 12:00 PM  
**High School** (15 to 19 yrs old) \$14/\$41  
Clinic March 6 1:00 PM

#### About Futsal

Futsal is FIFA's official indoor soccer game which is, essentially, a scaled down version of outdoor soccer played indoors. It is a small sided game (5v5) played on a smaller field (roughly basketball court sized) with a smaller (size 3-4) ball. Futsal is played with touchline boundaries. There are no walls in play. It develops skills and technique.

### Spring Academy Soccer Training Program

The spring program is an eight week technical skill development program facilitated by the Blake Soccer Academy (BSA). Each training session is sponsored by the Tuscarawas County YMCA and taught by professionally licensed coach Billy Blake.

**April 19-June 2**

#### Monday evenings

Crossover Academy  
8 to 10 yrs (90 minutes)  
4:30 to 6:00 PM \$70/\$90  
Transitional Academy  
11 to 14 yrs (90 minutes)  
6:00 to 7:30 PM \$70/\$90

#### Tuesday evenings

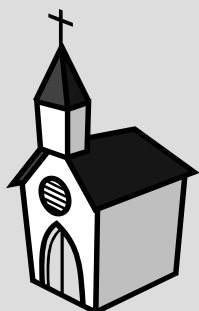
Mini Academy  
3 & 4 yr olds- (60 minutes)  
4:30 to 5:30 PM \$50/\$70  
Development Academy  
5-7 yrs old (90 minutes)  
5:30 to 7:00 PM \$60/\$80

### Outdoor Spring Soccer League

Member Registration begins Mar 1  
Open Registration begins Mar 8  
**Clinic Day April 17  
League begins April 24  
Tournament on June 12  
Game Days: Saturdays**

#### League Format

Competitive format, weekly standings.  
League Tournament seeding based on league record.  
48 minute games  
*Players register individually, but request will be taken to play with friends of teammates.*  
**Might Mite** (3 & 4 yr old) \$14/\$40  
Clinic April 17 8:00 AM  
**Pee Wee** (5 & 6 yr old) \$14/\$40  
Clinic April 17 9:00 AM  
**\*Girls U9 Div** (7, 8, 9 yr old) \$16/\$42  
Clinic April 17 10:00 AM  
**\*Boys U9 Div** (7,8,9 yr old) \$16/\$42  
Clinic April 17 10:00 AM  
**Coed U10/U12 Div**  
(10,11,12 yr old) \$16/\$42  
Clinic April 17 11:00 AM  
**Coed U14 Div** (13,14 yrs old) \$16/\$42  
Clinic April 17 12:00 PM  
**High School Division** \$16/\$42  
Clinic April 17 1:00 PM



## CHURCH YOUTH NIGHT

**6:30 - 8:30 pm 3<sup>rd</sup> Sunday of the month  
Feb 21, Mar 21**

All churches are invited to bring **Middle School and/or High School** youth groups to the YMCA for an evening of fun. Swimming, Dodge Ball, Games, and Devotions.

**YMCA Members & Advisors FREE**

**Others \$2.00 per visit**

*(At least one advisor per group).*



## Party Rentals

Birthdays  
(includes Free Birthday T-shirt),  
Church Youth Groups, Weddings.  
For Reservations Call  
Karol 330-364-5511.

### Adventure Center Party

Up to 20 children  
Party room for 1 hour  
Adventure Center for 1 hour  
Members: \$80/Others: \$120  
After Hours Pricing  
Members: \$110/Others: \$150

### Pool Party

#### Open Swim Party

Party room for one hour  
Swim during open swim  
Members: 1-10 kids=\$50;  
11-25 kids=\$60; >25=call for rates  
Others: 1-10 kids=\$70;  
11-25 kids=\$80; >25=call for rates

#### Private Swim

Party room for one hour  
Swim for one hour (after hours)  
Members: \$120  
Others: \$165

### Gym Party

Up to 30 children\*  
\* Larger parties call for pricing  
Party room 1 hr  
Main Gym 1 hr  
Only Available After Hours  
Members: \$120/Others: \$165

## VOLUNTEERS NEEDED

Do you have a talent to share?

Applications Available  
Volunteers help with programs, sports teams, and special events.  
All ages welcome.

## WISH LIST

Donations of Kleenex, Clorox Wipes, Crayons and Coloring Books or other art/school supplies are deeply appreciated. Items may be dropped off at the Member Service Center anytime.

# YCHILD CARE™

## AFTER SCHOOL

We pick up from Dover and New Philadelphia Schools  
Homework Help, Healthy Snack, Group Activities And Great Friends  
Parent pick up time is 6:30 PM  
Weekly Rates Only:  
Member \$40/Other \$50  
No daily rates  
Great for kids on Swim Team and Gymnastics Team

# SCHOOL DAY-OFF

When school is off on holiday, we are here to help you with your childcare needs.

#### Upcoming Dates:

Feb 15

Spring Break

March 29-April 5

**Pre-registration is required!!!**

Daily Rates: Members \$19/Others \$24  
Bring swim suit, towel and lunch.

# SNOW DAYS

When both Dover and NP schools are out because of weather.  
Daily Rate: Members \$23/Others \$26  
Lunch will be provided.  
Bring swim suit and towel.

# Y YOUTH

### 5th & 6th Grade Dances

7 PM to 10 PM  
Admission \$6 DJ & Concession Stand  
Chaperoned by YMCA Staff / Parent chaperones always welcome  
Please contact Steph Wills at the YMCA at 330-364-5511  
**Mark Your Calendar & Watch for Flyers!**  
Feb 13 Valentine Dance  
April 10 Bunny Hop  
Mar 13 St. Patrick's Dance  
May 8 Spring Fling

## Easter Break Specials

### Junior High

### Coed Dodge Ball Tournament

March 30 \$15 per team of 5  
Grades 5&6 Division I @ 1pm  
Grade 7&8 Division II @ 3pm

### High School

### Boys Basketball Tournament

March 31 \$15 per team of 5  
Grades 9&10 Division I @ 2pm  
April 1 \$15 per team of 5  
Grades 11&12 Division I @ 5pm



# YCAMP™

Registration will start on May 3

## SUMMER FUN DAY CAMP

Summer Memberships available  
Kids 6 yrs old (completed kindergarten) to those who are entering 5th grade.

Jun 7 - Aug 20 Camp hours: 9:00 AM-4:00 PM

(Day Off Program in effect on June 1,2,3,4 Prices \$19/\$24)

Extended care will be available.

Activities will include games, swimming, field trips, making new friends, carnival, crafts & much more.

Weekly themes: Game Crazy, Around the World in 5 Days, Very Merry Un-birthday, Y Carnival, Fun Frenzy, Art-Z-Crafts, Slime, Ooze, and Goop, and more.

Field Trips: Bowling, Skating, Water Park Tuscora Park, Chuck E Cheese, Akron Aeros Game, Hot Pots and more.

## KINDER KAMP

Kids age 4 – entering 1st grade. Weekly themes such as The 5 Senses, Fun with Food, Let's Get Cooking, and Animal Kingdom. Activities include sports, crafts, stories, & short field trips. Snacks provided daily.

## TEEN CAMP

Kids entering 6th grade to entering 9th grade. Camp for kids looking for fun and adventure and for parents looking for a safe summer of core values and leadership training. Camp themes: community service projects, YMCA volunteerism, pool or water park fun, team building dynamics, and field trip adventures such as Geagua Lake, Putt N Stuff, & Akron Aeros game.

Extended care available

Jun 1-Aug 21 9:00 AM-4:00 PM

# YPRESCHOOL™

## 3-Day AM or PM Program

Monday, Wednesday, and Friday  
9:30-11:30 AM or 12:30-2:30 PM

Member \$75 per month\* Other \$95 per month\*

## 5-Day PM Program

12:30-2:30 PM

Includes 2 swim lessons each week.

Member \$110 per month\* Other \$130 per month\*

\*Registration for all Programs Member \$20/Other \$30  
Registration for the 2010-2011 School Year will begin in Feb 8

# YFAMILY

## Hawaiian Luau

It's a party by the pool for all families! Food, games, swimming, and fun.

**SIGN UP AT THE MEMBER SERVICE CENTER**

Friday, Feb 26 – 7:00 PM

Cost: Member families free  
Other families \$12

## Healthy Kids Day

April 17, 2010

## Easter Egg Dive

A fun twist on your typical Easter Egg Hunt. Come to our Egg Dive and scramble and splash around for eggs and chances for fun prizes. There will be floating eggs in our small pool for the beginner swimmers and sinking eggs in the large pool for the more advanced swimmers. Stick around afterwards with the family and enjoy the open swim in both pools.

Friday, March 26 - 7:00 PM

Cost: Members Free / Others \$3 per child